

**Schedule Session No. 1 - Friday 21 July 2023****21/7/2023 - 8:30**

Warmup: 7:15 until 8:15

Officials Meeting: 7:45

8:30	1.	200m Freestyle	Girls	Timed Final	13 - 14	0:30	11 Heats	88	
9:00	2.	200m Backstroke	Boys	Timed Final	13 - 14	0:45	14 Heats	105	
9:45	3.	200m Medley	Girls	Timed Final	11 - 12	0:40	11 Heats	86	
10:25	4.	100m Backstroke	Boys	Timed Final	11 - 12	0:20	9 Heats	67	
10:45	5.	100m Butterfly	Girls	Timed Final	13 - 14	0:20	12 Heats	89	
11:05	6.	400m Medley	Boys	Timed Final	13 - 14	0:25	4 Heats	32	
11:30	7.	4 x 100m Medley	Mixed	Timed Final	11 - 12	0:10	2 Heats	15	
11:40	8.	4 x 100m Medley	Mixed	Timed Final	13 - 14	0:25	4 Heats	25	
12:05	PODIUM C 1 - C 8						0:25		
12:30	End of session					Total duration	4:00		

**Schedule Session No. 2 - Friday 21 July 2023****21/7/2023 - 14:00**

Warmup: 12:45 until 13:45

Officials Meeting: 13:15

14:00	9.	400m Medley	Girls	Timed Final	13 - 14	0:30	5 Heats	38	
14:30	10.	200m Freestyle	Boys	Timed Final	13 - 14	0:35	11 Heats	85	
15:05	11.	100m Butterfly	Girls	Timed Final	11 - 12	0:20	10 Heats	74	
15:25	12.	400m Freestyle	Boys	Timed Final	11 - 12	0:45	8 Heats	60	
16:10	13.	100m Backstroke	Girls	Timed Final	13 - 14	0:25	13 Heats	98	
16:35	14.	100m Butterfly	Boys	Timed Final	13 - 14	0:15	8 Heats	61	
16:50	PODIUM C9 - C14						0:20		
17:10	- BREAK - Warm-up 00:15						0:15		
17:25	15.	4 x 100m Freestyle	Boys	Timed Final	11 - 12	0:10	2 Heats	16	
17:35	16.	4 x 100m Freestyle	Girls	Timed Final	13 - 14	0:15	3 Heats	20	
17:50	PODIUM C15 - C16						0:15		
18:05	End of session					Total duration	4:05		

**Schedule Session No. 3 - Saturday 22 July 2023****22/7/2023 - 8:30**

Warmup: 7:15 until 8:15

Officials Meeting: 7:45

8:30	17.	400m Freestyle	Girls	Timed Final	13 - 14	0:55	10 Heats	75	
9:25	18.	200m Breaststroke	Boys	Timed Final	13 - 14	0:40	11 Heats	88	
10:05	19.	100m Backstroke	Girls	Timed Final	11 - 12	0:25	12 Heats	92	
10:30	20.	200m Medley	Boys	Timed Final	11 - 12	0:35	11 Heats	84	
11:05	21.	100m Breaststroke	Girls	Timed Final	13 - 14	0:20	9 Heats	69	
11:25	22.	1500m Freestyle	Boys	Timed Final	13 - 14	0:40	2 Heats	16	
12:05	23.	200m Backstroke	Girls	Timed Final	13 - 14	0:45	14 Heats	110	
12:50	PODIUM C17 - C23						0:20		
13:10	End of session					Total duration	4:40		

**Schedule Session No. 4 - Saturday 22 July 2023**
**22/7/2023 - 14:00**

Warmup: 12:45 until 13:45

Officials Meeting: 14:45

14:00	24.	200m Medley	Boys	Timed Final	13 - 14	0:40	12 Heats	92
14:40	25.	200m Butterfly	Girls	Timed Final	13 - 14	0:15	5 Heats	35
14:55	26.	100m Freestyle	Boys	Timed Final	11 - 12	0:20	12 Heats	93
15:15	27.	400m Freestyle	Girls	Timed Final	11 - 12	1:00	10 Heats	80
16:15	28.	100m Freestyle	Boys	Timed Final	13 - 14	0:20	12 Heats	95
16:35	PODIUM C24-C28						0:20	
16:55	- BREAK - Warm-up 00:15						0:15	
17:10	29.	4 x 100m Medley	Boys	Timed Final	11 - 12	0:15	2 Heats	15
17:25	30.	4 x 100m Freestyle	Girls	Timed Final	11 - 12	0:10	2 Heats	10
17:35	31.	4 x 100m Medley	Boys	Timed Final	13 - 14	0:20	3 Heats	17
17:55	PODIUM C30 - 31						0:20	
18:15	End of session			Total duration		4:15		

**Schedule Session No. 5 - Sunday 23 July 2023**
**23/7/2023 - 8:30**

Warmup: 7:15 until 8:15

Officials Meeting: 7:45

8:30	32.	400m Freestyle	Boys	Timed Final	13 - 14	0:50	9 Heats	70
9:20	33.	100m Freestyle	Girls	Timed Final	11 - 12	0:25	15 Heats	118
9:45	34.	100m Butterfly	Boys	Timed Final	11 - 12	0:20	9 Heats	66
10:05	35.	800m Freestyle	Girls	Timed Final	13 - 14	0:20	2 Heats	16
10:25	36.	100m Backstroke	Boys	Timed Final	13 - 14	0:20	11 Heats	83
10:45	37.	200m Breaststroke	Girls	Timed Final	13 - 14	0:40	12 Heats	90
11:25	38.	100m Breaststroke	Boys	Timed Final	13 - 14	0:20	10 Heats	77
11:45	39.	4 x 100m Freestyle	Mixed	Timed Final	11 - 12	0:15	2 Heats	16
12:00	40.	4 x 100m Freestyle	Mixed	Timed Final	13 - 14	0:15	3 Heats	24
12:15	PODIUM C33 - C 40						0:25	
12:40	End of session			Total duration		4:10		

**Schedule Session No. 6 - Sunday 23 July 2023**
**23/7/2023 - 14:00**

Warmup: 12:45 until 13:45

Officials Meeting: 14:45

14:00	41.	200m Medley	Girls	Timed Final	13 - 14	0:40	13 Heats	100
14:40	42.	100m Breaststroke	Girls	Timed Final	11 - 12	0:25	10 Heats	80
15:05	43.	200m Butterfly	Boys	Timed Final	13 - 14	0:10	4 Heats	25
15:15	44.	100m Freestyle	Girls	Timed Final	13 - 14	0:20	12 Heats	94
15:35	45.	100m Breaststroke	Boys	Timed Final	11 - 12	0:25	10 Heats	73
16:00	PODIUM C41 - C 45						0:20	
16:20	- BREAK - Warm-up 00:15						0:15	
16:35	46.	4 x 100m Medley	Girls	Timed Final	11 - 12	0:10	2 Heats	11
16:45	47.	4 x 100m Freestyle	Boys	Timed Final	13 - 14	0:15	3 Heats	17
17:00	48.	4 x 100m Medley	Girls	Timed Final	13 - 14	0:20	3 Heats	20
17:20	PODIUM C46 - C48						0:20	
17:40	End of session			Total duration		3:40		